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## **HEALTH TRAVEL ADVISORY & RESTRICTIONS**

## IN RELATION TO THE 2019 NOVEL CORONAVIRUS (2019-nCoV)

## All travelers TO and FROM KIRIBATI (Tarawa and Kiritimati) are advised to take note of the following:

- 1. A revised Health Arrival Form is to be filled out by all travelling passengers on arrival to Kiribati through Tarawa and Kiritimati.
- 2. All Travelers TO Kiribati coming from or transiting through China are required to undergo medical clearance at least three (3) days be- fore traveling to Kiribati to confirm that they are free of the 2019 Novel Coronavirus..
- 3. All Travelers FROM countries with ongoing local transmission of 2019 Novel Coronavirus must spend at least 14 days in a country free of the 2019 Novel Coronavirus and undergo medical clearance prior to travel to Kiribati
- 4. If in the event you arrive within the 14 day period, health quarantine measures will be applied and deportation to the country of travel origin will be considered.
- 5. Be aware of signs and symptoms of 2019 Novel Coronavirus (respiratory symptoms, fever, cough, shortness of breath and breathing difficulties)
- 6. It is strongly recommended that all persons intending to travel to countries with confirmed case(s) of 2019 Novel Coronavirus postpone their travel arrangements unless necessary.
- 7. In the event that travel cannot be postponed; preventive measures should be adhered to at all times. Please note that points 1 to 4 above will be applied upon return to Kiribati.

## These requirements will come into force effective immediately.

All travelers are required to comply with these requirements. PREVENTIVE MEASURES;

- At all times
- Avoid close contact with people suffering from acute respiratory infections
- People with symptoms of acute respiratory infection should practice cough etiquette (maintain distance, cover coughs and sneezes with disposable tissues or clothing and wash hands)
- Avoid animals (alive or dead), animal markets, and products that come from animals (such as uncooked meat).
- Wash hands often with soap and clean water for at least 20 seconds. Use an alcohol- based hand sanitizer if soap and water are not available.
- Older travelers and those with underlying health issues may be at risk for more severe disease and should discuss travel to China with their healthcare provider.
- In order to minimize the risk of transmission, people travelling to the affected area should maintain good hand and personal hygiene.
- Travellers should seek medical attention if they develop respiratory symptoms within 14 days of visiting China or any other affected countries or countries with local transmissions, informing their health service prior to their attendance about their recent travel to the affected country.
- Self-Quarantine at home to minimize spread of infection.

These measures are being undertaken to protect Kiribati from the introduction of this infection into our communities.

For more information contact **Mrs Kaaro Neeti (Secretary, MHMS)** on (686) 74028100 extension 202; or (686) 73072357 or Director of Public Health 73058772, or Deputy Director of Public Health 73007258

Country with confirmed local transmission of 2019-nCoV	Imported Cases Only (local cases not confirmed)
China	Japan
	Thailand
	South Korea
	United States of America
	Vietnam
	Australia
	Malaysia
	Singapore
	Nepal
	Canada
	France